



COMMITMENT PLEDGE 2024

January 2024 marks the twentieth annual [National Stalking Awareness Month \(NSAM\)](#), a call to action to recognize and respond to this traumatic and dangerous victimization. This month — and all year long — we encourage you to amplify the call to **KNOW IT, NAME IT, AND STOP IT.**

Stalking impacts nearly 1 in 3 women and 1 in 6 men in the United States. It is a deeply traumatic victimization in its own right and often intersects with sexual violence, physical violence, and even homicide. Despite these staggering statistics, stalking is often trivialized and misrepresented in our society: the word “stalking” is used casually in conversation, our media romanticizes stalking behaviors, and stalking survivors are frequently dismissed and ignored. Few resources exist to support victims and survivors of stalking.

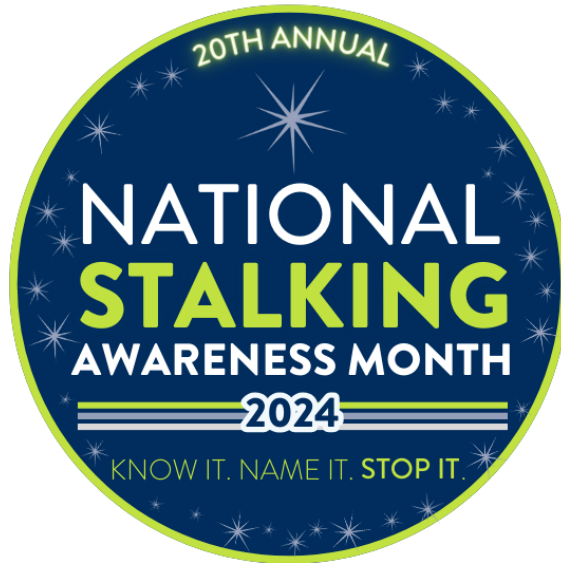
Stalking will not be taken seriously until all of us — victims, survivors, friends, family, neighbors, service providers, and criminal justice professionals — demand that stalking be seen for the urgent and dangerous crime that it is. Signing this pledge is a commitment to elevate the issue of stalking by building public awareness, supporting victims and survivors, learning more about stalking, and taking a proactive role in elevating the dialogue around stalking.

Post it on your fridge at home as a personal reminder, by your desk at work or on social media as a public reminder, and/or wherever else you’re comfortable sharing it. Encourage friends, family, colleagues, classmates, and community to join you and sign their own pledges as well.

Thank you for doing your part to identify stalking and KNOW IT, NAME IT, AND STOP IT. Learn more about how to get involved with NSAM and the Day of Action on January 18th at www.StalkingAwareness.org/Stalking-Awareness-Month-2024!



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With this Pledge, I am responding to a call to action to affirm my commitment to raise awareness around stalking and do my part to **KNOW IT**, **NAME IT**, and **STOP IT**.

I, _____, pledge to:

- Raise awareness of stalking — this National Stalking Awareness Month and beyond.
- Educate myself on the crime of stalking.
- Believe stalking victims and survivors, and encourage them to seek help.
- Speak up when I see stalking presented inaccurately and/or trivialized.
- Use my voice to name stalking when I see it and educate others about it.
- Support others to learn about stalking, name it when they see it, and join me in stopping it.

In addition, I pledge to _____

I believe that I can make a difference in my community to end stalking, and I will live this pledge today, tomorrow, and after National Stalking Awareness Month ends.

Signature

Date